

INTERNATIONAL HIGHER SCHOOL OF MEDICINE

Internal Medicine Department

SYLLABUS

Pulmonology

2025-2026 academic year

for students of medical faculty

3 course, 6 semester, 1-9 groups

2,5 credits (75 h, including auditorial 44 h, independent work – 31 h)

Lecturer: **Sulaimanova Nafisa**
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Venue Zoom

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The Syllabus is considered
at the meeting of the department of internal medicine
Protocol № 1 dated 03.09.2025
Head of the department prof. Kudaibergenova N.T.



Course Objective: consists in mastering the knowledge of diseases of internal organs, as well as the principles of diagnosis, skills and abilities for the treatment and prevention of internal diseases.

After study of the discipline the student must:

Knowledge:

- issues of medical ethics and deontology;
- epidemiology, the influence of etiological factors and risk factors on the course and outcome of diseases of internal organs;
- modern theories of the pathogenesis of the main internal diseases in adults;
- modern classification, etiology, pathogenesis, clinical and laboratory investigation of the main diseases of internal organs;
- modern diagnostic methods, standards for the treatment of diseases of internal organs;
- therapeutic nutrition for internal diseases;
- examination of a patient with pathology of internal organs;
- principles of preventive measures - identification of risk factors, primary and secondary prevention of non-communicable diseases;
- rules for issuing certificates and certificates for work of patients with internal diseases.

Skill:

- communicate with patients in compliance with deontological norms and principles;
- get information about the disease, establish possible causes, taking into account the influence of social, hereditary, age and climatic factors on the body;
- assess the severity of the patient's condition and, if necessary, provide emergency care;
- make the right decision on the tactics of patient management;
- conduct functional, laboratory and instrumental studies, evaluate them;
- recognize the features of the clinical course, identify complications and concomitant diseases;
- conduct differential diagnosis, formulate and substantiate a clinical diagnosis;
- choose the tactics of management due to individual and pathogenetic characteristics;
- make a rehabilitation and prevention plan;
- monitor the patient in the intensive care unit;
- write a medical documentation in accordance with the law;
- analyze the scientific literature and prepare an essay on modern problems of diseases of internal organs.

Attitude:

- fundamentals of medical deontology and medical ethics;
- evaluation of the results of laboratory and special research methods (clinical, functional, morphological, biochemical, immunological, serological parameters of blood, urine, sputum, feces, cerebrospinal fluid, coagulogram indicators);
- interpretation of the results of functional examination of the respiratory system, cardiovascular system, gastrointestinal tract, liver, kidneys, central nervous system, blood system etc.;
- the method of management of internal diseases, pathological conditions, in accordance with the standard of medical care for diseases of internal organs;
- registration of medical documentation in the hospital and on an outpatient basis.

Pre-requisites.

Anatomy (macro-microanatomy)

Normal physiology

Pathological anatomy

Pathological physiology

Clinical Pharmacology

Propedtherapy

Post-requisites.

Surgical diseases

Occupational diseases

Oncology

Public health

Dermatovenereology

Outpatient conditions

Medical supervision

Family Medicine

Anesthesiology, Intensive Care, Emergency Conditions

THEMATIC PLAN OF LECTURES

№	Theme of lecture	Hours	Date
1.	Community-Acquired and Nosocomial Pneumonia in Adults. Definition, Etiology, Pathogenesis, Classification, Clinical Features, Disease Course, Complications, Diagnosis, Treatment, and Prevention.	2	09.2025-05.2026
2.	Chronic Obstructive Pulmonary Disease. Definition, Etiology, Pathogenesis, Classification, Clinical Features, Disease Course, Complications, Diagnosis, Treatment, and Prevention.	2	09.2025-05.2026
3.	Bronchial Asthma. Definition, Etiology, Pathogenesis, Classification, Clinical Features, Disease Course, Complications, Diagnosis, Treatment, and Prevention. Status Asthmaticus. Diagnosis and Treatment.	4	09.2025-05.2026
4.	Bronchiectasis. Definition, Etiology, Pathogenesis, Classification, Clinical Features, Disease Course, Complications, Diagnosis, Treatment, and Prevention.	2	09.2025-05.2026
5.	Pleurisy. Definition, Etiology, Pathogenesis, Classification, Clinical Features, Disease Course, Complications, Diagnosis, Treatment, and Prevention.	2	09.2025-05.2026
6.	PPulmonary Arterial Hypertension. Cor pulmonale. Definition, etiology, pathogenesis, classification, clinical features, disease progression, complications, diagnosis, treatment, and prevention.	2	09.2025-05.2026
7.	Acute Respiratory Failure. Definition, etiology, pathogenesis, classification, clinical features, disease progression, complications, diagnosis, treatment, and prevention.	2	09.2025-05.2026
8.	Chronic Respiratory Failure. Definition, etiology, pathogenesis, classification, clinical features, disease progression, complications, diagnosis, treatment, and prevention.	2	09.2025-05.2026

THEMATIC PLAN OF PRACTICAL CLASSES

№	Theme of practical class	Hours	Date
1.	Community-Acquired Pneumonia. Clinical Case Analysis.	2	09.2025-05.2026
2.	Hospital-Acquired Pneumonia. Clinical Case Analysis.	4	09.2025-05.2026
3.	Ventilator-Associated Pneumonia. Clinical Case Analysis.	2	09.2025-05.2026
4.	Acute Bronchitis. Clinical Case Analysis.	2	09.2025-05.2026
5.	Chronic Obstructive Pulmonary Disease (COPD). Chronic Obstructive Bronchitis. Clinical Case Analysis.	2	09.2025-05.2026
6.	COPD. Emphysema. Clinical Case Analysis.	2	09.2025-05.2026
7.	Module 1	2	09.2025-05.2026
8.	Bronchial Asthma. Asthma Control. Clinical Case Analysis.	2	09.2025-05.2026
9.	Status Asthmaticus. Clinical Case Analysis.	2	09.2025-05.2026
10.	Bronchiectasis. Clinical Case Analysis.	2	09.2025-05.2026
11.	Pleurisy. Differential Diagnosis of Dry and Exudative Pleurisy. Clinical Case Analysis	2	09.2025-05.2026
12.	Chronic Cor pulmonale. Clinical Case Analysis.	2	09.2025-05.2026
13.	Acute and Chronic Respiratory Failure. Clinical Case Analysis.	2	09.2025-05.2026
14.	Module 2	2	09.2025-05.2026

THEMATIC PLAN OF INDEPENDENT WORK OF STUDENTS

Unit №	Theme of independent work	Hours	Date
1.	Pneumonia in the elderly	4	09.2025-05.2026
2.	Viral pneumonia	4	09.2025-05.2026
3.	Complications of pneumonia.	4	09.2025-05.2026

4.	The use of corticosteroids in pulmonological practice (routes of administration, dosage. Control of effectiveness, side effects and their prevention)	4	09.2025-05.2026
5.	Criteria for the severity of an asthma attack and its relief. postural drainage.	4	09.2025-05.2026
6.	Pulmonary tuberculosis.	4	09.2025-05.2026
7.	Pleural puncture. Indications. Technique.	4	09.2025-05.2026
8.	Secondary amyloidosis.	3	09.2025-05.2026

Recommended reading for the discipline:

Basic:

№	Authors	Title	The year of publishing
1.	Harrison. Braunwald E.	Internal Medicine	2001
2.	Harrison. Braunwald E.	Principles of Internal Medicine	2001
3.	Harrison. Braunwald E.	Principles of Internal Medicine	2001
4.	Harrison. Braunwald E.	Principles of Internal Medicine	2005
5.	Harrison. Wiener Ch.M.	Principles of Internal Medicine. Self-Assessment and Board Review	2005
6.	Harrison. Fauci A.S.	Principles of Internal Medicine	2008
7.	Harrison's Kasper D.L.	Principal of Internal Medicine.	2015
8.	S Melmed, R Koenig, C Rosen., et al.	Textbook of Endocrinology	2017
9.	Harrison Liu KD, Chertow GM.	Principles of Internal Medicine	2022

Additional:

№	Authors	Title	The year of publishing
1.	Davidson. Haslett C.	Principles and Practice of Medicine	2002
2.	Davidson. Boon N.	Principles and Practice of Medicine	2006
3.	Davidson. Ralston S.	Principles and Practice of Medicine	2018

Grading policy and procedures for all types of work

For the period of studying the discipline, the student gains points for the relevant parameters (per unit):

current score - 40 points

independent work - 20 points

control score (final assessment of knowledge per unit) - 40 points

Maximum score - 100 (40+20+40)

Grading system for student's achievements

Criteria for assigning grades for the course				
Maximum score	Intervals			
	« unsatisfactory»	« satisfactory»	«good »	«excellent»
40	0-23	24-30	31-35	36-40
Interval criteria	does not complete homework or prepare for class, and is inactive in class. Unable to apply acquired knowledge to solving clinical problems.	completes assignments, but with serious errors, is active in class, but does not differentiate the diagnosis of various diseases.	completes homework, and is almost always prepared for class. Able to solve clinical problems, but with minor errors.	completes homework, and correctly analyzes clinical problems involving various diseases
IWS-20	0-11	12-14	15-17	18-20

Interval criteria	assignments for independent work are not completed, or they contain numerous errors; the student has not met the requirements for composing the work	The tasks for independent work are completed, but with errors; 2 points are missing from the program.	assignments for independent work are completed, mostly without errors or with minor errors, one point is missing from the program	assignments for independent work are completed without errors, the material is fully prepared according to the sample
40	0-23	24-30	31-35	36-40
Interval criteria	The answer represents disjointed knowledge with significant errors regarding the question; - fragmentary and illogical presentation; the student does not understand the connection between the question being discussed and other subjects of the course; speech is illiterate; - significant errors in demonstrating exercises; incorrect choice of tactics for the given disease; - incorrect answers to additional questions.	The answer is incomplete, contains errors in detail, the ability to convey the meaning of generalized knowledge is not demonstrated, and the student's speech requires correction and adjustments; - the logic and consistency of presentation are impaired; the student is unable to independently identify essential and non-essential features and cause-and-effect relationships; - errors in the prescription and correct choice of treatment method; - numerous errors in patient management tactics; - the student is unable to answer most of the additional questions.	A complete, detailed answer to the question was given, demonstrating the ability to distinguish essential and non-essential features and cause-and-effect relationships; - the narrative is not logical enough, with isolated errors in details, which the student corrected with the teacher's assistance; - insufficient confidence and speed in demonstrating the exercises; - isolated errors in technique; - answers to additional questions are correct, but not sufficiently complete and clear.	A complete, detailed answer to the question posed is provided; - the answer has a clear structure and logical sequence, reflecting the essence of the concepts, theories, and phenomena being explored; - the exercises are selected and performed correctly; - answers to additional questions are clear and concise;

Conduct Policy: (lateness, absence, behavior in the auditorium, late submission of work).

- Punctuality and completion of tasks.
- Mandatory attendance of classes.
- Attending class in a clean medical uniform.
- Eliminating conversations on a cell phone in the classroom.
- Active participation in the learning process.
- Doing homework on time.
- Academic detention at the time specified by the teacher.

For violations of the Conduct Policy, the total points for discipline might be reduced to 1-10 points.

Academic Ethics Policy.

- Be tolerant, respect the opinions of others.
- Formulate objections in the correct form.
- Constructively support feedback in all classes.
- Plagiarism and other forms of dishonest work are unacceptable. Plagiarism includes the following: the absence of references when using printed and electronic materials, quotes, thoughts and works of other authors or students.
- Prompting and cheating during tests, exams, classes is unacceptable as well as passing an exam for another student, unauthorized copying of materials.

For violations of the Academic Ethics Policy, the total points for the discipline may be reduced to 1-10 points.

Guidelines for the lessons of the discipline

Key questions covered in practical class №1 *Community-Acquired Pneumonia. Clinical Case Analysis.*

1. Definition. Classification. Risk factors
2. Clinical features. Investigations
3. Complications. Management.
4. Prevention

List of recommended reading for students:

- [1] с. 1475-1485
- [2] с. 670-688

Key questions covered in practical class №2 *Hospital-Acquired Pneumonia. Clinical Case Analysis.*

1. Definition. Classification. Risk factors
2. Clinical features. Investigations
3. Complications. Management.
4. Prevention

List of recommended reading for studentsa:

- [1] сrp. 1475-1485
- [2] сrp. 670-688

Key quethions covered in practical class №3 *Ventilator-Associated Pneumonia. Case Study.*

1. Definition. Classification. Risk factors
2. Clinical features. Investigations
3. Complications. Management.
4. Prevention

List of recommended reading for studentsa:

- [1] сrp. 1475-1485
- [2] сrp. 670-688

Key quethions covered in practical class № 4 *Theme: Acute Bronchitis. Clinical Case Analysis.*

1. Definition. Classification. Risk factors
2. Clinical features. Investigations
3. Differential diagnosis
4. Treatment

List of recommended reading for students:

- [1] сrp. 1493-1499
- [2] сrp. 671-676

Key quethions covered in practical class № 5 Theme: Chronic Obstructive Pulmonary Disease (COPD). Chronic Obstructive Bronchitis. Clinical Case Analysis.

1. Definition. Classification. Risk factors
2. Clinical features. Investigations
3. Differential diagnosis
4. Treatment

List of recommended reading for students:

- [1] сrp. 1493-1499
- [2] сrp. 671-676

Key quethions covered in practical class № 6 Theme: COPD. Emphysema. Clinical Case Analysis.

1. Definition. Classification. Risk factors
2. Clinical features. Investigations
3. Differential diagnosis
4. Treatment

List of recommended reading for students:

- [1] сrp. 1493-1499
- [2] сrp. 671-676

Key quethions covered in practical class №8 Theme: *Bronchial Asthma. Clinical Case Analysis. Asthma Control.*

1. Definition. Classification. Risk factors
2. Clinical features. Investigations
3. Differential diagnosis
4. Treatment

List of recommended reading for students:

- [1] сrp. 1456-1463
- [2] сrp. 662-671

Key quethions covered in practical class № 9 Theme: *Status Asthmaticus. Clinical Case Analysis.*

1. Definition. Classification. Risk factors
2. Clinical features. Investigations
3. Differential diagnosis
4. Treatment

List of recommended reading for students:

- [1] сrp. 1475-1485

Key quethions covered in practical class № 10 Theme: *Bronchiectasis. Clinical Case Analysis.*

1. Definition. Etiology and pathogenesis. Pathology.
2. Classification. Risk factors
3. Clinical features. Investigations
4. Differential diagnosis
5. Treatment

List of recommended reading for students:

- [1] сrp. 1485-1493
- [2] сrp. 676-678

Key quethions covered in practical class № 11 Theme: *Pleurisy. Differential Diagnosis of Dry and Exudative Pleurisy. Clinical Case Analysis*

1. Definition. Etiology and pathogenesis. Pathology.

2. Classification. Risk factors
3. Clinical features. Investigations
4. Differential diagnosis
5. Treatment. Aspiration. Treatment of the underlying cause.

List of recommended reading for students:

- [1] стр. 1513-1517
[2] стр. 656-660, 725-729

Key questions covered in practical class № 12 Theme: *Chronic Cor pulmonale. Clinical Case Analysis.*

1. Definition. Etiology and pathogenesis. Pathology.
2. Clinical features. Investigations
3. Differential diagnosis
4. Treatment.
5. Prevention. Prognosis.

List of recommended reading for students:

- [1] стр. 1355-1364
[2] стр. 720-728

Key questions covered in practical class № 13 Theme: *Acute and Chronic Respiratory Failure. Clinical Case Analysis.*

1. Definition. Etiology and pathogenesis. Pathology.
2. Clinical features. Investigations
3. Differential diagnosis
4. Treatment.
5. Prevention. Prognosis.

List of recommended reading for students:

- [1] стр. 1355-1364
[2] стр. 720-728

Methodological instructions for the implementation of independent work on the discipline

PPT: Each student must prepare a 10-15 slide PowerPoint presentation on their assigned topic.

The presentation must include a theoretical overview, practical applications, and current research findings

Summary: The essay should be **3–5 pages** (Times New Roman, font size 12, line spacing 1.5).

1. Structure

• Introduction

- Justification of the topic choice.
- Aims and objectives of the essay.

• Theoretical Overview

- Key concepts and definitions.
- Main theories, approaches, or models related to the topic.

• Practical Applications

- Examples of applying theory in real practice.
- Case studies, clinical cases, or applied research.

• Current Research Findings

- Brief review of recent publications (last 5–7 years).
- Key conclusions of modern researchers.

• Conclusion

- Summary of the analysis.
- Personal perspective or recommendations.

2. Formatting

- References must be included.
- Bibliography at the end (at least 5–7 sources, preferably scientific articles and textbooks).
- Clarity and logical flow of the text.

3. Content Requirements

- Clear connection between theory and practice.
- Critical analysis rather than simple retelling.

- Ability to highlight the main points.